

Val di Sole

TRENTINO



VAL DI SOLE

WOW

summer

EN

INDEX



The best experiences to have in Val di Sole and in Val di Non. Choose from 41 different activities: culture, wellness, bike, trekking, water sports and taste. Collect 2 experiences and win a gadget available to pick up at the information offices in the valley.

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The locals' favorite trails of Val di Sole. Discover the paths walked by us "Solandri" by participating in one of the proposed itineraries with local guides.

ANDAR PER MONTI	20-24
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WATER SPORTS



RAFTING IN VAL DI SOLE



Are you looking for something exciting? Rafting along the 28 km Noce River is a must! Increase your team building and share the experience with your family, friends or colleagues. Unleash your desire for the outdoors and enjoy a day in nature.



Every day

Prebook required



Booking location



Ursus Adventures - T. 0463 636175

X Raft Outdoor Experience - T. 347 7448137

Extreme Waves - T. 0463 970808

Trentino Wild Rafting & Outdoor -

T. 0463 973278



Prices for 2 hours:

Adult starting at €39

Children from 6 years old starting at €29



Min 2



2 h

**BOOK
ONLINE**



THINGS TO KNOW

The National Geographic has named the Noce River as the best river in Europe for rafting.

XRaft

From May 1st
through
September 15th

CUSIANO

Ursus Adventures

From April 25th
through
September 15th

MEZZANA

Extreme Waves

From April 25th
through
September 10th

COMMEZZADURA

DIMARO

Torrente Noce

Trentino Wild

From April 15th
through
September 15th



CALDES



KAYAKING THROUGH RIO NOVELLA CANYON



Narrow canyons lead to Lago di Santa Giustina, try the exciting kayak excursion to admire the canyons. An instructor will take you on a safe adventure among the wild Novella gorges up to 50 meters deep and carved by the stream over the millenia.



Every day

Prebook required



Booking location



APT VAL DI NON

T. 0463 830133

or online at visitvaldinon.it/kayak



Adult starting at €55

Children 5 to 17 years old starting at €40



3 h

**BOOK
ONLINE**



THINGS TO KNOW

Did you know that one of the Novella canyons and the Rio Sass Canyon can be visited on foot?

Parco Fluviale Novella

From April 25th
through September 15th
(booking is required from
September 15th through
October 6th)

REVÒ

Lago di S. Giustina

BANCO

XRaft

From May 1st
through
October 6th

CLES

Trentino Wild

From May 1st
through
September 15th

DERMULO

Ursus Adventures

From May 5th
through
September 8th
(Saturday and Sunday
only until October 6th)



CANYONING IN VAL DI SOLE



Challenge the force of nature with a professional guide by descending into gorgeous gorges, jumping into crystal-clear pools and tackling the sparkling waterfalls of the Vermigliana Stream. You will overcome obstacles and as the adrenaline builds, the views will leave you breathless: an unforgettable experience.



Every day

From June 1st through September 15th
9:30 am & 2:30 pm



OSSANA

Ursus Adventures



Ursus Adventures

T. 0463 636175 - 334 8468540
info@ursusadventures.it



48 h prebook required



€70 per person
(14 and up)



Min 4 - Max 8
per group



3 h

**BOOK
ONLINE**



THINGS TO KNOW

The Vermigliana Stream is located below the Presanella Peak, the highest in Trentino.





BIKE



E-BIKE TOUR & APERITIVO



There is one last ride left: ride an E-Bike to reach Valpiana and the shores of Lago dei Caprioli, two of the most iconic places in Val di Sole. At the end of the ride there will be a refreshing and local aperitivo for you to enjoy.



Every Tuesday and Thursday

From June 4th through September 12th
5:00 pm



MEZZANA
Promescaioli



Promescaioli
T. 328 0253924
info@promescaioli.com



Prebook required
the day before by 6:00 pm



€49 per person



Min 2 - Max 15



2 h

**BOOK
ONLINE**



THINGS TO KNOW

The sunset will create the right atmosphere to enjoy a well-deserved aperitivo!

DOWNHILL IN THE LAND OF WORLD CHAMPIONSHIPS



Are you looking for some quality time on a bike? You are in the right place: welcome to Val di Sole Bikeland, the place of world-wide bike events. Challenge yourself by trying the Bike Park of PontediLegno-Tonale.

Wear your helmet, knee pads and all of your gear: let's go!



Tuesday and Thursday

From June 11th through September 5th
10:00 am or 1:30 pm



PASSO TONALE

Valbiolo chairlift



Centro Bike Val di Sole

T. 334 8575209

info@centrobikevaldisole.com



Prebook required

the day before by 1:00 pm



€80 per person



Min 2 - Max 6



2 h



THINGS TO KNOW

Have fun in safety in the first family bike park in Trentino, following the advice of a bike guide.

**BOOK
ONLINE**



E-BIKE AND AUTHENTIC FLAVORS: TOUR AND LUNCH AT THE MALGA



An experience on an E-bike among nature, culture and food in Val di Pejo in the Stelvio National Park. Discover the hidden gems of Val di Pejo with an expert MTB guide, treat yourself in an enchanting local farm and recover your energy by refueling with the typical dishes of Malga Frattasecca.



Every Friday

From May 31st
9:30 am



MEZZANA

Ursus Adventures



Ursus Adventures

T. 0463 636175

info@ursusadventures.it



48 h prebook required



€125 per person



Min 4 - Max 8



7 h

**BOOK
ONLINE**



THINGS TO KNOW

You will enjoy a lunch with local products in one of the mountain huts in the Stelvio National Park.

CYCLING AT SUNRISE



Departure at dawn from Malé. The goal is to reach Malga di Bolentina on an E-bike. Is it worth it? Well, imagine a panorama at dawn that ranges from the Brenta Dolomites to the Presanella. Your guide will take care of breakfast so after eating you will have enough energy for a really fun descent!



Every Thursday

From July 4th through August 29th
6:00 am



MALÉ

Andreis Bike Rent



Andreis Bike Rent

T. 338 6076376
info@andreissnc.com



Prebook required
by the prior Tuesday



€90 per person
(Min 3 people per group)
€135 for 2 people



Min 2 - Max 8



3 h 30 m

**BOOK
ONLINE**



THINGS TO KNOW

Enjoy the sunrise over the Brenta Dolomites, recharge with a tasty breakfast: not bad, what do you think?

TREK & BIKE AT THE FOOT OF THE BRENTA DOLOMITES



A new format that connects two worlds: the comfort of an E-bike and an emotional walk into the woods. You will ride up Val Meledrio on an E-bike until you reach Baita Ciocomiti. After the ride, a regenerating lunch and finally a walk to Lago delle Malghette with the astonishing setting of the Brenta Dolomites in the background.



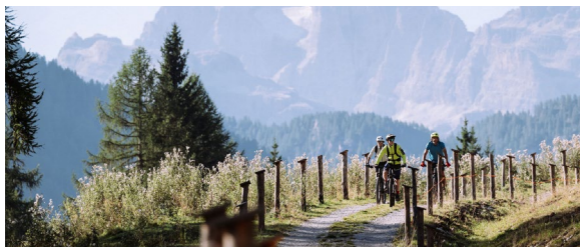
Monday and Friday

From June 3rd through September 6th
8:30 am



DIMARO

Trentino Wild



Trentino Wild

T. 0463 973278
info@trentinowild.it



Prebook required
2 days prior by 5:00 pm



€95 per person



Min 4 - Max 14



8 h

**BOOK
ONLINE**



THINGS TO KNOW

While riding in the Adamello Brenta Park will you recognize the Sasso Rosso and the Cima Nana?

ALL RIDING AT LAGHETTI DI SAN LEONARDO



An excursion on an E-Bike suitable for everyone. We start from Marilleva 900 until reaching Vermiglio. High peaks, woods, rivers and streams will accompany you on a natural and historical tour. Are you worried that it is going to be too demanding? Don't worry, you will ride on a cycle path with a relaxing aperitivo after the ride.



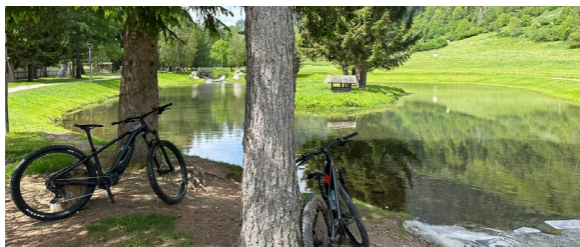
Every Monday

From June 3rd
2:30 pm



MARILLEVA 900

Skiarea Sport Shop



Skiarea Sport Shop

T. 375 5249652

info@skiareasportshop.com



Prebook required

the day before by 12:00 pm



Adult €69

Junior (height between 130-150 cm) €55



Min 4 - Max 15



4 h

**BOOK
ONLINE**



THINGS TO KNOW

You will travel along the stretch of a new path that goes from Ossana to Vermiglio, inaugurated this year!





TREKKING

ANDAR PER MONTI



The locals' favorite trails of Val di Sole. Going "through the mountains" is one of the activities that those who live in Val di Sole have done since they were children. Discover the paths walked by us "Solandri" by participating in one of the 15 proposed itineraries with local guides.



Adult €20

Children €10

Family package 2 adults + 2 kids €55
(kid add-on €5)

Consortium prices:

Adult €16

Children €8

Family package 2 adults + 2 kids €44
(kid add-on €4)





ANDAR PER
— MONTI —


**BOOK
ONLINE**



LAGOSTIEL

 **June 17 and every Monday from 7/1**

 8:45 am


 780 m
Intermediate


 PEIO FONTI
Information office


Lagostiel is a small alpine lake, a peaceful oasis in Val di Pejo. With a guide you will reach an altitude of 2600 meters. As you ascend, the vegetation and the landscape will change, leading you to this hidden gem with unparalleled views.

TREKKING DEI FORTI



 **Every Monday from June 24**


 8:45 am


 120 m
Easy - family


 PASSO TONALE
Information office

Trekking dei Forti is suitable for history enthusiasts. A guide will take you on a loop trail that winds through the forts of the First World War, offering views of the Presanella Massif.

BAIT DE LE BECE

 **June 18 and every Tue from 7/2**


 8:45 am


 700 m
Intermediate


 MESTRIAGO
Information office


Bait de le Bece, a historic alpine shelter recently renovated, is located just below Camocina Summit at an altitude of 2233 meters. With a guide you will cross vast meadows and high-altitude forests while enjoying wide open views of the Brenta Dolomites.

LAGO DI SOPRASASSO

 **Every Tuesday from June 25**


 8:15 am


 930 m
Intermediate


 SAN BERNARDO
Information office

Lago di Soprasasso is a small alpine lake located above the Valorz Waterfalls. With a guide you will venture into the Valorz Valley. You will reach the waterfalls first, then passing through a sparse and pleasant larch forest you will reach this small body of water.

CIMA MONTE TONALE E CITTÀ MORTA

 **June 19 and every Wed from 7/3**

 8:45 am


 600 m
Intermediate


 **PASSO TONALE**
Information office


While enjoying the view of the Presanella and the Alta Val di Sole you will reach the summit at 2696 meters with a guide. You will then descend to Città Morta, a First World War outpost. Keep your eyes open, as you may spot chamois and ibexes.

LAGO DI ORTISÉ

 **Every Wednesday from June 26**


 8:45 am


 650 m
Intermediate


 **MEZZANA**
Information office


Lago di Ortisé at 2450 meters, is a charming hidden lake located in the Vegaia - Tremenesca Massif. With a guide you will reach Lago di Ortisé passing through Malga Stabli and Bronzolo. The Val di Sole, the Brenta Dolomites, and the Presanella in front of you.

LAGO DELLE MALGHETTE E 3 LAGHI

 **June 20 and every Thu from 7/1**

 8:45 am


 550 m
Intermediate


 **MESTRIAGO**
Information office


3 Laghi are 3 gems nestled among rocks, located above Lago delle Malghette. A guide will lead you through forests of larch and Swiss pine, offering stunning views of the Brenta Dolomites, a UNESCO World Heritage Site.


ALTA VIA DEGLI ALPEGGI



 **June 21 and every Fri from 7/5**

 8:45 am

 450 m
Easy - family

 **PELLIZZANO**
Stal Brewery

A loop trail that crosses areas rich in culture and traditions, where the cattle is still taken to the mountain pastures. While walking with a guide among mountain huts you will admire spectacular views of the Brenta Dolomites and the Presanella.

CROZ DE LA LUNA



**Every Friday
from June 28**



8:45 am



1.160 m
Difficult



VERMIGLIO
Information office

Croz de la Luna is a rocky peak located at 2345 meters. With a guide you will reach the summit facing the Presanella by descending mountain slopes and learn about the Vermiglio legend inspired by this unknown place.

LAGO AZZURRO



**Every Saturday
from June 29**



8:45 am



970 m
Difficult



PELLIZZANO
Information office

Lago Azzurro is a small alpine lake nestled just below the Artuick Summit in Val Gelada. During the excursion the guide will reveal the hidden secrets of this body of water, where the surrounding mountains are reflected.

MALGHE PALÙ E CALDESA



**June 22 and every
Sat from 7/6**



8:45 am



760 m
Intermediate



SAN BERNARDO
Information office

Malghe Palù and Caldesa Alta alpine dairy farms, are surrounded by the mountain pastures of the Stelvio National Park. With a guide you will reach these mountain pastures in a unique position between the forests and the mountain meadows of the Val di Rabbi.

CIMON DE BOLENTINA



**Every Sunday
from June 23**



8:45 am



942 m
Intermediate



MALÈ
F. Guardi Square

From the summit, you'll be able to see the Brenta Dolomites, the peaks of the Adamello Presanella, and the Maddalene. With a guide you will pass through forests of red fir and larch to the high mountain pastures of Plaza della Merendaia and Malga di Bolentina Alta.

MISTERY TREKKING: LE CIME DELLA VAL DI SOLE



**Every Sunday
from July 7**



8:15 am



May vary



May vary

Val di Sole is surrounded by spectacular peaks. Each of them is unique in its environment and mountain ranges. With a guide, you'll reach the most beloved summits by us Val di Sole residents, discovering views and trails that naturally wind along the ridges of our mountains. We'll reveal the destination in the morning, making your hike even more surprising.

IN COLLABORATION WITH THE STELVIO NATIONAL PARK

VIE DELL'ACQUA



**Every Wednesday
from June 26**



May vary



May vary



May vary



Adult €18
Children €9
Family €49
2 adults + 2 kids
(kid add-on €4)

Water, more precious than gold. It is the habitat of countless species, the element that gives life and supports biodiversity in both aquatic and terrestrial environments. In these excursions, guided by Park rangers and experts, we will explore the environments, their many functions, and the traces left by this transparent yet strong resource.

RIFUGIO VIOZ



**Every Thursday
from June 27**



7:45 am



1.330 m
Difficult



PEIO FONTI
Gondola entrance



Adult €25
Children €12,50
Family €67,50
2 adults + 2 kids
(kid add-on €6)

Together with an alpine guide you'll ascend to an altitude of 3645 meters, reaching the Rifugio Vioz Mantova in the Stelvio National Park. You'll enjoy a landscape of glaciers, the stage of the highest mountaineering-military combats in history, the Ortles-Cevedale Group, and the Adamello-Presanella. In these areas you might be lucky enough to spot eagles.

ANIMAL TRACKING



How about spending a morning like a true researcher? Departure at dawn, silence and fresh air: let's hope you will spot an animal or its tracks while walking through the woods of the Adamello Brenta Natural Park up to Lago delle Malghette. Once you arrive, the guide will involve you in an environmental activity.



Every Thursday

From July 11th through September 5th
6:30 am



CAMPO CARLO MAGNO

Centro Fondo parking



Parco Naturale Adamello Brenta

T. 0463 986608
info@pnab.it



Prebook required
the day before by 5pm



€12

Participants will receive a gadget
from the Park Team



Min 2 - Max 10



5 h

**BOOK
ONLINE**



THINGS TO KNOW

A telescope, binoculars and a notebook are included.

BARBA DI FIOR BY VIA FERRATA!



The adrenaline builds as you see the emptiness underneath. Attach the carabiners to the metal rope, climb the rock and reach Forte Barba di Fior with a mountain guide. Tackle 3 activities in one: via ferrata, 30 meter abseil and 70 meter zipline.



Every Thursday

From June 6th
9:00 am



PEIO FONTI

Malga Frattasecca parking



Guide Alpine Val di Sole

T. 347 7457328

info@guidealpinevaldisole.it



Prebook required

the prior Tuesday by 6:00 pm



€60 per person
equipment included



Min 4 - Max 8



3 h 30 m

**BOOK
ONLINE**



THINGS TO KNOW

Conclude the experience with a tasty aperitivo at Malga Frattasecca with local products.

EXCITEMENT SUSPENDED BETWEEN EARTH AND SKY



At the Flying Park the fun goes higher and higher, walking suspended among the trees in a centuries-old larch grove. Have fun in safety on the different adventure courses, suspended among the trees. And if you really prove to be brave, try the challenging jump into the air and overcome your limits while having fun.



Every day

From June 8th through September 8th
From 10:00 am to 6:30 pm



MALÉ

Regazzini area



Flying Park

T. 392 4860806
info@flyingpark.it



Prebook required
the day before by 6:00 pm



Starting at €35 per person



no limit



2 h

**BOOK
ONLINE**



THINGS TO KNOW

You will start from the easiest courses, but if you feel up to it, we won't certainly limit you.

SCENT OF LARCH: COLLECTING TURPENTINE



Walk through the woods of Val di Pejo with a local guide. You will be able to witness the ritual of collecting the turpentine, the precious resin extracted from the larch trunk. Similar to honey in consistency and color, but completely different and with natural healing powers.



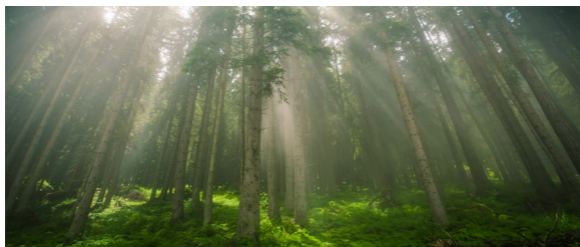
Every Saturday

From June 15th through September 7th
3:00 pm



PEIO

Covel o Celentino area (see calendar)



Consorzio Turistico Pejo3000

T. 0463 754345
info@visitvaldipejo.it



Prebook required
the day before by 6:00 pm



Adult €20
Children up to 13 years old €10



Min 2 - Max 15



2 h 30 m

**BOOK
ONLINE**



THINGS TO KNOW

“Largaiòl”, an activity passed down from father to son: the extraction of the turpentine called “largà”.

RESEARCHER FOR A DAY



The experts of the Stelvio National Park will teach you how to analyze natural phenomena. You will use professional tools and you will understand how to read the scientific results.



Every Friday

From June 21st through September 6th
9:00 am



PEIO - RABBI

Stelvio National Park



Parco Nazionale dello Stelvio

T. 0463 909770

parcostelvio@provincia.tn.it



Prebook required

the day before by 6:00 pm



Adult €5

Children €2,50



Min 2 - Max 20



3 h

**BOOK
ONLINE**



THINGS TO KNOW

You will identify yourself with the work of the researchers, increasing your knowledge while having fun.

SUNRISE EXPERIENCE



Backpack, headlamp and set off to admire the sunrise in the mountains at 2000 m. Enjoy the special moment when the sun rises through the mountains and lights up your face. Celebrate it with coffee, bread, butter and jam. Behind you a fort from the Great War, Forte Zaccarana.



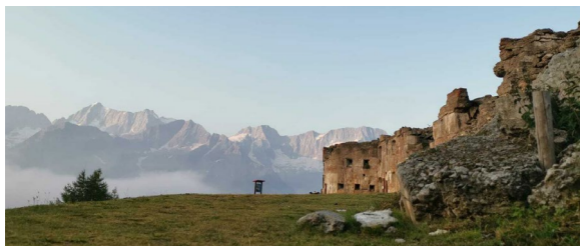
Every Wednesday

From June 5th
5:00 am



PASSO TONALE

Hospice San Bartolomeo



Experience Val di Sole

T. 327 8512910

info@experiencevaldisole.com



Prebook required

the day before by 6:00 pm



Adult €30

Children (6-11) €15

Free for Children (0-5)



Min 5 - Max 20



3 h

**BOOK
ONLINE**



THINGS TO KNOW

For you and the whole group, a simple and local breakfast with coffee, hot tea, bread, butter and jam.

A DOLOMITE SUNSET



Do you want to experience the most beautiful scenery in front of the Brenta Dolomites? There are 3 main characters: the sun, the mountains and your emotions... Hike to the top with Roberto, our guide and observe the colors of the sunset. At Rifugio Orso Bruno a tasty aperitivo with the traditional "Tortei de patate".



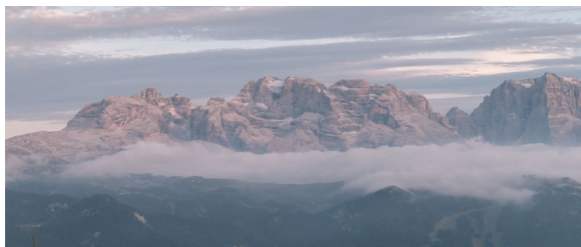
Every Wednesday

From July 10th through August 28th
4:00 pm



COMMEZZADURA

Mestriago Information Office



Pro Loco Commezzadura

T. 0463 974840

prolococommezzadura@gmail.com



Prebook required

the day before by 6:00 pm



Adult €28

Children up to 13 years old €14



Min 5 - Max 20



6 h

**BOOK
ONLINE**



THINGS TO KNOW

Walk along the Shepherds' trail. If possible, bring a small torch with you for the return.





WELLNESS SENTINEL

HORSEBACK RIDING TO LAGO DEI CAPRIOLI



A half-day excursion to Lago dei Caprioli located at almost 1300 m. Horseback riding for 4 hours with views that will last. We start from the stables riding towards the lake, a stop at Malga Bassa and return. An experience to live and tell.



Every day

From May 20th
8:30 am



PELLIZZANO

Agritur Bontempelli



Agritur Bontempelli

T. 348 487 6411
info@maneggio.net



Prebook required
the day before by 6:00 pm



€90 per person



Min 2 - Max 8



4 h

**BOOK
ONLINE**



THINGS TO KNOW

4 hours of nature, walking, trotting,
surrounded by unforgettable views!

PLUNGE INTO WELLNESS AT THE STELVIO NATIONAL PARK



Nature has infinite powers: take the time to experience the environment around you. Together with a holistic guide you will discover the benefits of walking barefoot in the woods and hugging ancient trees. After the park therapy in the Coler area you can relax at the thermal spa and have an aperitivo with local products.



Every day

From May 27th
2:00 pm



RABBI FONTI

Rabbi Spa



Terme di Rabbi

T. 0463 983000
info@termedirabbi.it



Prebook required
the day before by 6:00 pm



€65 per person



Min 4 - Max 10



6 h



THINGS TO KNOW

The iron of the Val di Rabbi thermal water enhances the treatments, making them more effective.

**BOOK
ONLINE**



EDELWEISS ECO-WELLNESS PATH



Breathe, observe, listen and set off to discover the scents, colors, shapes, consistencies and properties of the main mountain healing plants. Through a well-being and sensory experience such as breathing, meditation and a barefoot practice, you will experience their beneficial power.



Every Thursday

From June 20th
2:00 pm



PEIO FONTI

Alpine Botanical Garden Olga Casanova



Azienda Agricola Olga Casanova

T. 329 3771335
info@olgacasanova.it



Prebook required
the day before by 12:00 pm



€18 per person



Min 2 - Max 15



2 h



THINGS TO KNOW

You will spend a relaxing and regenerating afternoon taking away an ancient knowledge with you.

**BOOK
ONLINE**



A SOOTHING HUM



Relaxing and healthy multi-sensory experience in contact with nature. Walk barefoot among stones, water and bark. Enter the apiary where you can smell the scent of the hive which smells of honey, pollen, wax and propolis, and listen to the buzz of the bees to relax your mind and body. And finally, taste our honey!



Every Monday, Tuesday and Thursday

From June 3rd

Mon/Tue 4:00 pm | Thu 9:00 am



ORTISÉ

Bee House



Casa dell'Ape

T. 333 3509094

francotripodi83@gmail.com



Prebook required

the day before by 6:00 pm



Adult €18 | Children up to 13 years y.o. €8

Couples €33

Family package (2+2) €40



Max 25



2 h

**BOOK
ONLINE**



THINGS TO KNOW

Not just bees: you will meet the cute sheep Nerina and Desiré, together with the ducks and the bunnies.

MOUNTAIN WELLNESS AND GOODNESS



Unwind in an alpine hut with the scent of pine. Included: face peeling with mountain herbs, the edelweiss face mask, the pine oil hair pack and finally a foot massage with the arnica lotion. Sauna, Turkish bath and hydromassage will be all for you. A snack with yogurt and small fruits is also included.

Wednesday and Friday



From June 5th

Wed 10:00 am | Fri 7:30 pm



PEIO FONTI

Pejo Spa



Terme di Pejo

T. 0463 753226

info@termepejo.it



Prebook required

the day before by 12:00 pm



Wow experience (Wednesday) €110

Wow experience deluxe (Friday) €130



Min 2 - Max 4



3 h

**BOOK
ONLINE**



THINGS TO KNOW

In addition, you can treat yourself with a relaxing alpine massage with pine oil.





CULTURE



TREASURE HUNT AT CASTEL VALER



A special treasure hunt to bring the ancient glories of Castel Valer back to life for the young visitors! The castle in Val di Non has preserved the furnishings of the noble Spaur family intact. The visit is suitable for families, with a simple language the guides will address the children and arouse their curiosity.



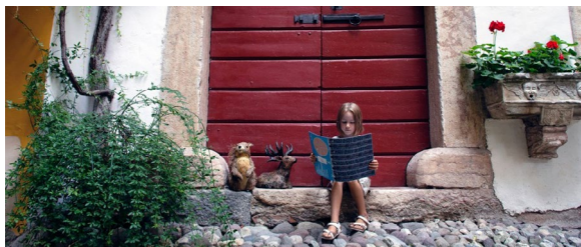
Every Sunday

April 28th through September 15th 10:00 am
from 7/17 to 9/11 including Wednesdays



CASTEL VALER

Tassullo-Ville d'Anania



Azienda per il Turismo Val di Non

T. 0463 830133
info@visitvaldinon.it



Prebook required



Family: €30



Min 4



2 h

**BOOK
ONLINE**



THINGS TO KNOW

Search for the details of the images given to you at the beginning of the visit.

THE YELLOW GOLD OF THE ALPS



Have you ever heard the buzz inside the hive? Smelled the scent of propolis? With the help of a beekeeper you will experience this powerful emotion first-hand, getting closer to the hive to discover the secrets of this exciting organism.



Every day

From June 1st
Prebook required



CROVIANA

MMape



Museo Mulino dell'ape

T. 328 32 85 780
info@mmape.it



Prebook required



Minimum 2 people €60
For each additional person €10



Min 2 - Max 6



2 h

**BOOK
ONLINE**



THINGS TO KNOW

Learn more about the bees by visiting the museum.

FROM THE WATER, ANCIENT CRAFTS



Imagine the historical-cultural value of being able to witness ancient crafts first-hand in an old power hammer and a Venetian sawmill. A journey through the history and legends of Val Meledrio, not only a natural heritage but also the heart of the life and memories of the Dimaro community.



Every Friday

From July 5th through September 6th
2:30 pm



DIMARO

Venetian sawmill



Ecomuseo Val Meledrio

T. 0463 986608
info@visitdimarofolgarida.it



Prebook required
the day before by 6:00 pm



€5 per person



Min 3 - Max 20



3 h 30 m

**BOOK
ONLINE**



THINGS TO KNOW

Discover the Val Meledrio Ecomuseum, a medieval industry in Val di Sole.

HOUSTON, THIS IS AN INCREDIBLE SIGHT!



Did you know that the sky of Ossana has been certified as one of the most beautiful in Italy? Admire it in the Valpiana forest. The stars will no longer have secrets for you. The astronomical guides will satisfy every curiosity thanks to the support of a telescope. You will warm up with a hot herbal tea made with local herbs.



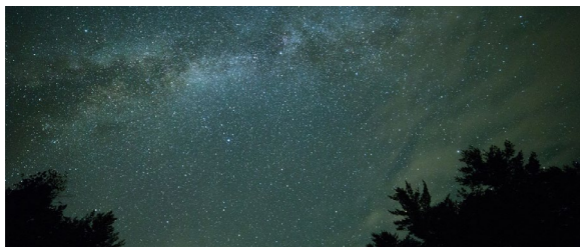
Friday July 26th 9:30 pm

Friday August 2nd, 9th, 23rd and 30th
9:00 pm



OSSANA

Valpiana



Bosco Derniga

T. 353 3305004

boscoderniga@comune.ossana.tn.it



Prebook required
the same day until full capacity



14+ €15 | from 6 to 14 years old €7
Family of 2 adults and 2 children €40



Max 30



2 h

**BOOK
ONLINE**



THINGS TO KNOW

You will observe the stars in one of the most beautiful skies in Italy: Ossana.

BETWEEN HISTORY AND NATURE



Do you know how flour is produced? You will discover it by visiting Molino Ruatti, a nineteenth-century mill. The guides will tell you everything about the inhabitants of Val di Rabbi and how the food of the area has changed. To conclude: an experience with a self-production workshop with mountain flowers and herbs.



Every Wednesday

From July 3rd through August 28th
5:00 pm



RABBI

Pracorno



Molino Ruatti

T. 0463 903166
info@molinoruatti.it



Prebook required
the day before by 6:00 pm



Adult €8
Children €3



Min 5 - Max 20



1 h 30 m



THINGS TO KNOW

You will take home a small gift
made by you.

**BOOK
ONLINE**



EVENING RIDDLE AT CASTEL COREDO



A mysterious world is waiting for you. You will visit the manor house and the nearby palace in the evening, surrounded by a halo of mystery. Our guide will take you on an interesting journey, covering the most mysterious episodes of Palazzo Nero and Castel Coredò and those who lived there.



Every Thursday

July 4, 11, 18, 25 | August 1, 8, 15, 22, 29 |
September Sat 7, 21 | October 5 - 9:00 pm



COREDO - PREDAIA

Information office in Coredò



Azienda per il Turismo Val di Non

T. 0463 830133
info@visitvaldinon.it



Prebook required



€15



Min 4



2 h

💡 THINGS TO KNOW

By following the clues, you will be the one to solve the mystery and shed some light on what happened!

**BOOK
ONLINE**



PONT POWER STATION: ALL THE ENERGY OF WATER



Discover how one of the most beautiful hydroelectric power plants in Italy works. Thanks to a guide, you will discover the history, fall in love with the architecture of the building and the graffiti, as well as understanding the use of water. At the end, you will cross the Noce Bianco River, relaxing in the shade of mountain huts.



Every Tuesday

From June 18th through September 10th
2:30 pm



COGOLO

Pegaia Church



Accompagnatori di Media Montagna

T. 335 445376

info@accompagnatorivaldisole.it



Prebook required
the same day by 12:00 pm



Adult €10 | Children under 12 years y.o. €5
Offered by Gruppo Dolomiti Energia



Max 25



2 h 30 m

**BOOK
ONLINE**



THINGS TO KNOW

Discover the wonderful graffiti of the Pont hydroelectric power plant.

WOOD LAB: IN THE CARPENTER'S WORKSHOP



Have you ever made something with your own hands? Have you ever felt the wood texture and worked it to give shape to an object? Together with us you will make a souvenir, which you can keep at home and use as you wish. It could be a vase holder or simply an ornament.



Every Tuesday

From July 2nd through September 9th
10:00 am



MALÉ

Fattore Legno



Fattore Legno

T. 328 3285780

fattorelegnovds@gmail.com



Prebook is required

24 h prior



Per piece made €35

(a minimum of 2 pieces is required)



Min 2 - Max 6



2 h

**BOOK
ONLINE**



THINGS TO KNOW

You will build a wooden object in the carpentry run by the various generations of the Baggia family.

NIGHT-WATCH DUTY DURING WAR



You will understand up close the experience of a soldier who participated in the First World War by traveling through time inside Forte Strino, an Austro-Hungarian fortress built for the purpose of controlling and defending the last stretch of the road leading to the Tonale Pass.



Every Wednesday

From July 3rd through September 4th
9:00 pm



VERMIGLIO

Forte Strino



Ufficio Informazioni Vermiglio

T. 0463 758200

info@vermigliovacanze.it



Prebook required
the same day by 12:00 pm



Adult €8

Children 10–14 years old and over 65 €5

Free for children up to 10 years old



Min 5 - Max 20



1 h 30 m

**BOOK
ONLINE**



THINGS TO KNOW

Inside Forte Strino the guide will show you objects that lived through the Great War.

TASTING AT THE CASTLE



Time travel to the past by visiting Castel Valer and taste the typical products of the Val di Non! You will visit the castle with a guide and then you will taste the Groppello, the local wine, and the local products with those who produce them.



Every Friday

From July 12th until the end of August
(8/9 excluded) 3:00 pm



TASSULLO - VILLE D'ANAUNIA

Castel Valer



Azienda per il Turismo Val di Non

T. 0463 830133
info@visitvaldinon.it



Prebook required
the day before by 5:00 pm



Adult €27
Children reduced price €24



Min 2



2 h 30 m

**BOOK
ONLINE**



THINGS TO KNOW

The Groppello is still cultivated by 4 families driven by great passion and dedication.

SHEPHERD FOR A DAY



Would you like to give up everything to move to the mountains? The sheep, the altitude, the smell of the freshly cut grass and wood will be the setting for a true shepherd's experience. During the visit to the Venetian sawmill our guide will help you make a small wooden object to take home as a souvenir.



Every Thursday

From June 20th through September 5th
9:00 am



MEZZANA - Library
(by car to Ortisé)



Consorzio Mezzana Marilleva

T. 0463 757588
info@marilleva.it



Prebook required
the day before by 6:00 pm



Adult €20
Children up to 13 years old €10



Min 2 - Max 35



3 h

**BOOK
ONLINE**



THINGS TO KNOW

Don't miss the delicious cheese tasting from the Caseificio Sociale Presanella.

A NIGHT AT THE CASTLE AMONG GHOSTS AND LEGENDS



In the evening when the moon dominates the night sky, an atmosphere of mystery made of stories and legends characterizes the ancient walls of the Castel San Michele. Along the path, lit by torches and with a storyteller, you will cross the most remote corners of the manor to discover its history and its secrets.



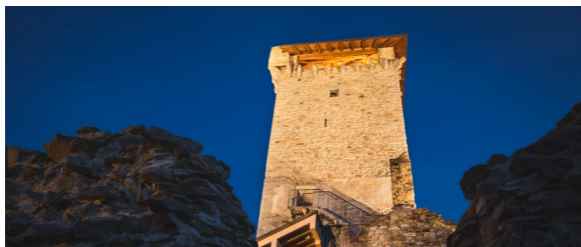
Every Thursday

From July 4th through August 29th
9:00 pm



OSSANA

Castel San Michele



Associazione San Vigilio

T. 340 4183540

info@fondazioneasanvigilio.it



Prebook required
the same day by 3:00 pm



Adult €8

Children up to 6 years old and over 65 €5

Family package (2 adults + 2 under 6) €20



Max 25



1 h 30 m

**BOOK
ONLINE**

THINGS TO KNOW

Ossana is one of the most beautiful villages in Italy and at Christmas it hosts more than 1600 nativity scenes.



A THIN LINE OF SHADOW



Do you know what a sundial is? A solar clock already used in ancient Egypt. Along the streets of Monclassico and Presson there are 60 painted sundials on the walls of the houses. A unique place in Europe, a true open-air museum! With Attilio you will be able to understand how a sundial works and learn the names of the artists.



Every Wednesday

From June 26th
4:00 pm



MONCLASSICO

Parco Biolago



Consorzio Dimaro Folgarida

T. 0463 986608
info@visitdimarofolgarida.it



Prebook required
the same day by 12:00 pm



€10 per person
Children under 12 years old €5



Min 2



2 h

**BOOK
ONLINE**



THINGS TO KNOW

At the end of the visit you will enter a dark room.

VISIT TO CASTEL NANNO AND PICNIC IN THE GARDENS



Castel Nanno is the perfect place where you can relax, that is why we organize exclusive picnic on the grass. In the early afternoon you will visit the castle with a local guide.



Every Saturday

From July 6th to September 7th + special event on August 15th 12:30 pm



NANNO

Castel Nanno



Azienda per il Turismo Val di Non

T. 0463 830133

info@visitvaldinon.it



Prebook required



Adult €20

Children 4-12 years old €15

Under 4 years old €8



Min 4



2 h

**BOOK
ONLINE**



THINGS TO KNOW

A blanket on the grass in the shade of a tree and a wooden box with lunch are included.



TASTE



MAKING CANEDERLI: A DELICIOUS GAME



Cooking together with your children has never been more fun! A unique experience with the support of your little helpers to challenge yourself by making one of the most typical dishes of Trentino: cheese dumplings. And after so much effort, try their simple and strong taste for lunch.



Tuesdays June 25th, 9th and 30th July,
August 6th and 20th, September 3rd
10:30 am



PELLIZZANO
Valtresin local farm



Azienda Agricola Valtresin

T. 347 775 6808
valtresin@hotmail.it



Prebook required
the day before by 5:00 pm



Adult €20
Children (from 4 to 12 years old) €10



Min 4 - Max 24



3 h

**BOOK
ONLINE**



THINGS TO KNOW

Remember to bring an apron with you, it will be fun!

THE TASTE TRAIN



On board! With a local guide, travel through the Val di Sole, the Val di Non and the Piana Rotaliana on a train to discover the flavors of Trentino. Visit the MMape in Croviana, Gusto Natura in Malé, the Golden Theater and the Melinda in Val di Non and the Rotari winery in Mezzocorona.



Every Tuesday

From June 27th through September 5th
8:00 am



CROVIANA

Train station



Consorzio Dimaro Folgarida Vacanze

T. 0463 986113 - 0463 986608
info@visitdimarofolgarida.it



Prebook required
the day before by 12:00 pm



€35 per person
Free train ride with the Val di Sole
Guest Card



Min 6 - Max 20



8 h



THINGS TO KNOW

Delicious finger foods made with local products accompanied with the Trentino wines.

**BOOK
ONLINE**



THE CASERADA: TRADITIONAL CHEESEMAKING



Have you ever seen how butter is made? The Casanova family will welcome you and tell you all about the life in a mountain farm. You will discover how milk is processed and how to churn butter. We promise that once the experience is over you will be able to recognize a good mountain butter! A cheese and meat tasting to conclude.



Every Wednesday

From June 19th
11:00 am



PEIO

Casanova local farm



Azienda Agricola Casanova

T. 0463 753100
info@visitvaldisole.it



Prebook required
the day before by 6:00 pm



Adult €12
Children (from 4 to 12 years old) €7



Min 2 - Max 20



1 h 30 m

**BOOK
ONLINE**



THINGS TO KNOW

The tasting will be held inside a cave: you will smell the scent!

PICNIC IN THE BERRY FIELD



Taking care of plants with music? Yes yes, you read it right! Laura and Lorenzo grow their small fruit plants with the help of music, strictly at 400 hertz. Discover all the secrets of their method, collect your fruit basket and enjoy their sweet taste in a delicious picnic in the countryside.



Every Tuesday and Friday

From July 16th through September 13th
2:30 pm



MALÉ - Molini area
(Ice Skating Rink parking lot)



Azienda Agricola La Contenta

T. 368 741 8854

agricolacontenta@gmail.com



Prebook required
the day before by 6:00 pm



Adult €20

Children 6-14 years old €10

Family (2 adults + 2 kids 6-14 years old) €40



Min 4 - Max 10



1 h 30 m

**BOOK
ONLINE**



THINGS TO KNOW

You will listen to the music and you will discover its benefits.

AN AFTERNOON AS A FARMER



Walking among strawberries, raspberries and blackberries you will collect your fruit basket like a true farmer and then off to the fireplace! Thanks to the teachings passed down from Nonna Oliva you will transform the fruits into jam or juice to take home. Then, a real farmer's aperitivo in the farm cellar with speck, cheese and wine.



Every Wednesday

From May 29th
2:00 pm



MONCLASSICO

Toffe local farm



Maso Toffe

T. 342 5529282
masotoffe@gmail.com



Prebook required
the day before by 5:00 pm



Adult €25
Children up to 13 years old €15



Min 2 - Max 13



3 h 30 m

**BOOK
ONLINE**



THINGS TO KNOW

To welcome you, in addition to Leonardo, you will find his loyal 4-legged friend and other cute animals.





STAMPS

Write here the experience's name

Write here the experience's name

Write here the experience's name

Write here the experience's name

WIN THE BACKPACK

Collect at least **2 experiences**

**Get the stamp on your
WOW experience booklet**

Pick up your **backpack** at the
Val di Sole information offices



COLLECTED:

ON _____

AT _____

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Archivio APT Val di Sole
Archivio APT Val di Non
Archivio Hydro Dolomiti Energia